

## Hair transplant in Tehran, Iran

Hair loss, the big gloomy! Are you struggling with sparse hair? Does having thin hair bother you as hell because you think it directly affects your beauty? Is your hair keeps receding? Well, you don't need to worry anymore. Because I'm going to make you completely familiar with the procedure of hair transplant in Iran, that will undoubtedly eliminate all of the concerns related to your sparse hair.

There is no doubt that having healthy and thick hair affects directly on human's beauty and of course his self-confidence. Many reasons can result in hair loss, hair receding, and having sparse hair. Some of them which are caused by reasons like nutrition and environmental conditions can be treated by some medications. But some others which are caused by genetics, for example, have no cure but using hair transplant. This procedure is a kind of hair loss treatment and will result in hair regrowth. It can be considered as a very affordable solution and of course, performing a hair transplant in Iran will make this procedure very prompt and enjoyable for you.

I can see that you might have lots of questions about hair transplant itself, the procedure of hair transplant in Iran, the costs, what you can expect from this surgery, and so many other questions, but I assure you will find answers, not to these questions, but any other doubts or hesitations you might have right in this post.



## **What Is Hair Transplant In General?**

Hair transplantation is one of the baldness treatments that help you to get more hair on your head and gives you the confidence you've lost due to hair loss. In the process of hair transplantation, a strain of one's hair is removed and grafted into regions where there are few or no hair at all by using medical techniques. You can do hair transplant not only on your head but also on your beard, eyebrow, and eyelashes.

## **Why We Offer You To Do Hair Transplanting In Iran?**

Several reasons have caused foreign patients to choose Iran for hair transplantation, but there are two main reasons. First, the cost of hair transplant in Iran is much lower than in other countries. By checking prices, you will find that up to 80% of the costs are saved by conducting hair transplants in Iran.

The Second reason which is more prominent is our highly experienced and board-certified surgeons. According to the statistics of the Iranian Dermatology Association, Iran has over a thousand dermatologists that offer the most advanced hair restoration treatments with a high success rate at the lowest fees to ensure that anyone can afford the benefits of full, natural-looking hair.

## **What Is The Cost Of Hair Transplant In Iran?**

The cost of hair transplant in Iran is between \$700 to \$1,200. It's much lower and more affordable than other countries. If you want to have a hair transplant in the United States or Europe, you should spend between \$4,000 to \$16,000. It's the same in Asian countries, in India and Turkey the cost starting at \$ 2,000. So, you can make hair transplant in Iran at a much lower cost and with world-class quality.

## **Methods Of Hair Transplant**

In general, the process of hair transplant involves two parts. First, removing hair from one part of the scalp which is called the donor site. Second, transplanting them to the balding part which is called recipient area. In IRAN we offering all the techniques of hair loss treatment available in the world. Which is conducted in 3 different ways: They include Follicular Unit Transplantation (FUT) also known as FUSS, Follicular Unit Extraction (FUE), and Follicular Isolation Technique (FIT).

### **Tips before hair transplant in iran**

1. The night before the hair transplant, patient's hair must be washed with baby shampoo.
2. No materials should be on the head.
3. Do not take Aspirin or Gelofen (Ibuprofen) for a week before surgery.
4. Do not drink alcohol for a week before surgery.
5. Wear a comfortable button shirt while being visited on the day of surgery. (Avoid wearing underwear under your clothing and please wear button shirt to make it easy for you to

change clothes. After the hair transplant procedure, you should not scratch your head inside a blouse, t-shirt and etc. because this will remove the grafts implanted.)

6. Tell your doctor if you are allergic to any drugs or having previous history of disease and using particular medication before the procedure.
7. Don't eat red meat, vitamins E, nuts, tea, coffee, green tea, ginger, cinnamon and kiwi for 48 hours before the hair transplant.
8. Be present at the announced location on time.
9. Be sure to bring your test results with you. If you haven't done the test, to do the test on the day of hair transplant in iran
10. You don't have to fast.
11. Take a shower.
12. Avoid drinking milk at breakfast on the day of surgery as it causes bloating and digestive problems.
13. **Men only:** please provide 3 Trancid 250 mg caplets and take one every 12 hours So that the third caplet is taken exactly one hour before the surgery. (women don't need to take this caplet.)

### **Tips after hair transplant in iran**

Hair transplant procedures are not overnight successes. Oftentimes, the healing process can be long and arduous, and much to the patients' dismay, the results are not immediate. It can takes months for a hair graft to fully heal and start producing hair, but there are certainly a few essential post hair transplant surgery tips that patients should adhere to in order to facilitate the healing process and prevent infections from occurring.

1. If post-operative bleeding occurs at the site of the surgery, prevent bleeding by using sterile pads or soft tissue papers with gentle palm pressure for 10 minutes then gently remove the pad or tissue paper. If bleeding continues, contact your consultants at the Clinic.
2. Avoid driving after the hair transplant.
3. Do not take aspirin or alcohol for seven days after the surgery.
4. From the day of hair transplant daily consumption of at least 10 glasses of water for three days is recommended.
5. Avoid heavy exercises like tennis, bodybuilding, weightlifting, swimming, etc. for up to two weeks
6. To avoid swelling, the patient should sleep with his head elevated for 4 nights after hair transplant procedure.
7. Avoid using towels (for drying hair), direct shower, and hair dryer, manipulating and stimulating the transplanted hair for 15 days after the procedure.
8. From the third day for fifteen days, pour fifteen drops of bitter almond oil every night without touching the dropper on the planted areas.
9. There is a possibility of hair loss during the day 15th till the day 30th. Don't worry! You will see your hair grows again from the third and fourth month after the procedure.
10. If you have itchy scalp in about two to three weeks after the hair transplant, use Irox baby anti-itch and anti-dandruff shampoo for two weeks.

11. If Minoxidil is prescribed, pour fifteen drops into the hair removed area every night and massage well.
12. Do not forget to take a Zinc pill once a day permanently.
13. Unless you have any specific questions or problems, your next visit to the clinic for specialist examination is 12 months after the hair transplant.