

Types of Nose Piercings

With the rising popularity of septum piercings, you may be wondering exactly how many different types of nose piercings there are out there. If you're in a research stage and contemplating whether to get your own nose pierced, I commend you for daring to explore the multifaceted world of nose and facial piercings. In truth, piercing culture is vast, but there are some basic categories from which most popular nose piercings stem.



The history of nose piercing is rich and dates back centuries, to various civilizations. The size of jewelry worn in nostril piercings came with connotations of familial wealth for tribes both in Africa and the Middle East, and nose rings were allegedly gifted to new brides by their husbands as a form of security. Similarly, South and Central American civilizations utilized septum piercings and their adornments as status symbols. It was also popular for the women of the Apatanis tribe in India to gauge their nostrils to ward off the affections of men from neighboring tribes, as they were long considered the most beautiful women of the Aranuchal tribes.

In modern day Western society, many nose piercings have seemingly become associated with punk, alternative, and Bohemian culture. With their varying roots and intriguing aesthetics, not only do nose piercings require dedication and a tolerance for pain, but their significance can run deeper than what meets the eye. So to explore this arena a little bit further, I researched what's out there in the range of nose piercings and touched base with a talented local piercer and tattoo artist

to check the facts. Here are seven current types of nose piercings, and some of the basic jewelry types that can be worn with them.

8 Popular Types Of Nose Piercings:



Nostril Piercing

Nostril piercing is one of the most common types of nose piercings. In fact, nose piercing is a practice in Indian and Nepalese culture. Women from these countries follow an Ayurvedic belief that placing nostril piercing on the left side helps in easing the pain during menstruation and pregnancy. On this type of piercing, the jewelry is placed right above the crease of our nostril's natural curve.

Healing time: About 4-6 month.

Jewelry: Nose rings (L-Bend, Hoop, Stud, Screw, Bone)



High Nostril

High nose piercing is another variation of nose piercing, where the jewelry is placed a few centimeters above the natural curve of the nostril crease. Jewelry options for the high nostril piercing are limited to studs, l-shaped pins, and nostril screws.

Healing time: About 6-9 months.

Jewelry: Nose rings (L-Bend, Hoop, Stud, Screw, Bone)



Multiple Nostril

Multiple Nostril piercing is a variation of nostril piercing where two or three holes for jewelry are created on the top crease of the nostril. It is perceived that this kind of nostril piercing is more adventurous and bold. The jewelry used is studs or nose bone, nostril screw, l-shaped nose pin, nose hoop, circular barbell, and even captive bead rings. Since there are two holes created, placing them requires a strategic and professional piercer who is extremely careful of hitting nerve structures. In the double nose piercing, the first piercing is higher than the other.

Healing time: About 6-9 months.

Jewelry: Nose rings (L-Bend, hoop, Stud, Screw, Bone)



Austin Bar

It is a rare and unusual piercing. In this piercing, the piercer makes a piece of bar jewelry to pass through the flesh on the nose tip. Point to note is, it does not pass through the septum.

Healing time: About 2-3 months.

Jewelry: Barbell



Nasallang Piercing

Nasallang is the most adventurous and intense type of piercing. It is a tri-nasal piercing that gets in both nostril and the septum. The only jewelry used in this piercing is a straight barbell.

Healing time: About 3-9 months.

Jewelry: Barbell



Rhino Piercing

Vertical tip piercing is very rare. It is situated on the tip of the nose vertically. The tips of jewelry used are visible above the tip of the nose and under the tip of the nose. There is only one option of jewelry to use on this type of piercing because of its location. – The Curved barbell.

Healing time: About 3-9 months.

Jewelry: Curved barbell



Septum Piercing

Today, the septum piercing is the most trendy type of piercing in the fashion industry. The piercing is placed on the cartilage division of the nostril. Although it is not necessarily placed on the cartilage-like mentioned above, it is located right on that sweet spot where there is no cartilage on the nose. It can be found in the gap between the bottom of the nose and the cartilage.

Healing time: About 1-3 month.

Jewelry: Horseshoe rings or Captive rings



Sepril Piercing

Sepril is a bit more complicated than other types. It requires time, expertise and pain. Placing it depends on the person's bone structure and septal cartilage. It is a combined half-vertical tip piercing and septum. Jewelry used in sepril piercing is a stud or nose bone, eyelet, and curved barbell.

Healing Time: Varies on the state of the stretched septum.

Jewelry: Curved barbells, tunnels, or plugs.