

What actually is the SUT method?



SUT implantation is a new method compared to other hair transplants such as FIT and FUT. All the steps of the implantation are controlled by your physician and it is done automatic devices. In the SUT implantation, the follicles are not manually removed and transplanted, they will be separated by a laser punch from the donor site, which is usually the back of your head, and then frozen and eventually transferred to the bald areas. Due to the freezing of hair follicles, they are prevented from being destroyed until they're implanted. In the SUT method, due to the existence of a laser punch and the freezing system, a very small percentage of hair roots are lost during harvesting and transplanting.

In the SUT procedure, the applicant is not anesthetized but local anesthesia is used. Surgery and excision of the skin layers is not performed. This is almost like the FIT method, which means only hair follicles are transported, but using new tools and new technology, is the reason to get better results. Side effects are not many in the SUT implantation procedure, this method also causes a short recovery time, puncture, ulceration and bleeding. The rate transfer of hair follicles from donor site to recipient site is also higher than other hair transplant methods, and the physician can move at least 10,000 follicles per session, and usually the implantation procedure is completed in one session. It is possible to transplant hair in any part of the body with this method.

What should you do before the hair transplantation?

Here's some advice for you to do before the hair transplantation:

- Wash your head with shampoo, do not use any alcohol, gel or softener.
- Eat a light meal in the morning, take any medication you take daily, such as cardiovascular medications, diabetes and asthma.
- Wear a sleeveless dress and a light hat.
- Before the, shave the area where your surgeon is going to take the follicles from (the donor site)

What should you do after the hair transplantation?

- You will be discharged without any dressing, and you may need to wear a light hat. Several hours of rest are recommended.
- Don't drink alcohol, cigarettes or tobacco.
- Cold compresses can also be used every two hours for a few minutes.
- For a few days after the surgery, your head should be raised to approximately 45 degrees when you want to sleep.
- Up to three days after your hair transplant, you may feel mild itching in the treated area. Feeling numb may also take days to weeks.
- You can wash your head with warm water for 5 to 10 minutes the day after the surgery, but you should not touch the treated parts. Do not use towels or hair dryers.